



# TALL SHIP GUIDE TO **SAILING**



GRAYS HARBOR  
**HISTORICAL  
SEAPORT**

## WELCOME ABOARD

- ✓ Our ship's Program Coordinator will be at the top of the dock 30 minutes prior to sailing time to check you in. Please arrive early!
- ✓ Be sure to bring water and a few snacks so you won't find yourself thinking of your grumbling tummy instead of taking in the sights and sounds of the high seas. We usually don't have concessions aboard, so it's important to bring anything you might need. Granola bars and similar snacks are great because they're nonperishable and give you a quick energy boost. Whichever type of snack you decide to bring, please dispose of any trash or leftovers ashore.
- ✓ Most people who sail with us have never sailed before. Don't worry! The crew will explain things and guide you through everything you need to know. You will get the opportunity to learn lots of new skills and have fun at the same time.

## KEEP A WEATHER EYE

- ✓ When you visit us to go sailing, be sure to layer up! Conditions at sea can sometimes make it colder on the water. To make sure you're fully prepared, dress in many layers, then adjust as necessary.
- ✓ Be sure to wear or bring sunscreen and sunglasses. This way your skin and eyes will stay comfortable and protected even on the brightest sunny days. This goes for all seasons, even the winter sun can be surprisingly strong reflecting off the water.
- ✓ Please understand that due to the changeable weather, we sail rain or shine, and prepare accordingly. Very occasionally, when wind and tide are too strong, our Captain will determine that conditions are not safe to go to sea. In that case we will automatically offer ticket exchange or refund, and hope that you will come sailing in the future when the weather is more cooperative.



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## AVOID FEELING UNDER THE WEATHER

- ✓ At least one of the staff will be trained in dealing with illness or injury at sea; and we'll get you to a doctor ashore as quickly as possible if necessary. You do need to tell us in advance about any condition you already have. We've had people on the boat with anything from mild asthma to serious medical conditions. Bring any medication, inhalers (and spares) you need – and tell the staff what you are taking. We need to know of any serious medical conditions before you book to ensure we can provide you with the best experience possible.
- ✓ Seasickness is something to be avoided, but nothing to be embarrassed about. If you know that you tend to get seasick, we recommend you prepare by using your preferred seasickness treatment according to the directions on the package. If you are trying a seasickness medication for the first time or have any questions, please consult your doctor.
- ✓ We do not allow smoking at all during day sails.

## ALL AT SEA

- ✓ Marine life is everywhere! Keep a keen eye and you might see seabirds, seals, sea lions, dolphins, or even whales. It all depends on the area in which you are sailing and the time of year, no two sails are the same. Remember to ask the crew and they can tell you more about what you see at sea.
- ✓ Our average sailing speed varies from 1-5 knots. The maximum speed under sail can be about 7 knots (nautical miles per hour) – that's about 8 land miles per hour.



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## DAY SAILS

- ✓ We are no longer allowing the public below decks on day sails so there is no longer a bathroom available on board.

## PASSAGE SAILS

- ✓ While we do have restrooms aboard, they are simple marine pump-out toilets. Think of it like an RV or porta potty, while you can use them, you'll be happier using the regular restrooms ashore before your sail. Additionally, toilet paper cannot be flushed aboard, and must be disposed of in a waste basket. If you go ashore before your sail, you can avoid that altogether!
- ✓ If you are taking a longer passage sail, then it is very helpful to hydrate in the 48 hours prior to your sailing adventure. Hydration will help you get your sea legs and enjoy your time aboard to the fullest.
- ✓ All meals are included on passage sails.



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